



Educator Eerika Laalo-Häikiö in action



Finnish Flow Gymnastics course

For all those interested in learning more about the Finnish Flow Gymnastics.
No earlier experience needed.

The Suomi Gymnaestrada (National Gymnaestrada Finland) will be held in June 7 – 10, 2018 in Turku, Finland. In connection with the event an international Flow Gymnastics course will take place. The language of this course is English.

The course is meant for the instructors, coaches, choreographers and adult-gymnasts taking part in the Suomi Gymnaestrada. Order a Participant Card for the Suomi Gymnaestrada, and with the same price you can register for the Flow Gymnastics course, too.

The course will consist of both theoretical and practical lessons, two hours on Friday and two hours on Saturday. In addition to the lessons there is plenty of time to experience, see and study the Suomi Gymnaestrada and all its' performances and activities.

There will be very experienced, highly admired and appreciated Finnish educators in the course f. ex. Eerika Laalo-Häikiö.

Do not miss this opportunity – come and join us!
Read more: www.gymnaestrada.fi/en

The event and the course will be organized by the Finnish Gymnastics Federation



NATIONAL GYMNAESTRADA FINLAND +
SUOMI GYMNAESTRADA
IN JUNE 7-10, 2018 IN TURKU